

2024

# Conversations with a Psychologist: Promoting Children's Mental Health and Wellbeing

We offer a range of programs to early childhood services across Australia. All of our programs are offered Australia-wide and many can be subscribed to using Victorian School Readiness Funding and Queensland Kindy Uplift Funding.

## Conversations with a Psychologist: Promoting Children's Mental Health and Wellbeing

Engage in collaborative conversations between a Clinical Psychologist and Registered Teacher (EC) to learn more about common presentations of children's mental health and wellbeing struggles, as well as protective factors and multidisciplinary strategies that educational teams can introduce to better support children and their families through everyday early childhood practices, programs and environments. Topics include:

- Understanding and supporting children (and parents!) separation anxiety
- Understanding and supporting children's emotions
- Understanding and supporting children's neurodivergence
- Understanding and supporting children's gender and sexual identities

- Available Australia-wide
- Available through VIC School Readiness Fund
- Available through QLD Kindy Uplift

| Packages  | Pricing    |
|---|------------|
| <ul style="list-style-type: none"><li>• Four x 40 minute pre-recorded webinars with access for the entire team</li></ul>  | \$600+GST  |
| <ul style="list-style-type: none"><li>• Four x 40 minute pre-recorded webinars with access for the entire team</li><li>• PLUS Expert-moderated Facebook network</li><li>• PLUS 8 x 60 minute live online network meetings facilitated by expert coach</li></ul> | \$1000+GST |
| <ul style="list-style-type: none"><li>• Tailored coaching to meet individual and team goals from \$350 per hour</li></ul>   |            |

To join the program or to ask a question, please contact:

[fiona@ethicalinteractions.com](mailto:fiona@ethicalinteractions.com)

